



# San Ramon Valley Little League

## **Learning Objectives - TEE BALL**

- Introduction to basic throwing skills
  - Big motions are ok
  - Point the glove, throwing hand from the back to all the way in front
- Introduction to positions (bases, infield, outfield)
  - Naming the positions on a field
- Introduction to hitting with a bat (safety)
  - Wearing helmets
  - Awareness of surroundings
  - Basic swing motion - making contact
- Introduction to base running
  - Direction, and when to run
  - Don't get tagged!
- Introduction to team sports and getting along with others
- Having fun with physical activity!